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			Day/Time	Instructor	<u>Code</u>
<u>Day/Time</u>	<u>Instructor</u>	<u>Code</u>	Mon/10:15 AM	Aubrey	YSM1015
		BLM930	^O Mon/11:00 AM	Marybeth	YSM1100
Tues/9:30 AM	Margi	BLT930	Mon/11:45 AM	Marybeth	YSM1145
Wed/9:30 AM	Marybeth	BLW930	Tues/10:15 AM	Kristen	YST1015
Wed/10:15AM	Marybeth	BLW1015	Tues/11:00 AM	Margi	YST1100
Thur/9:30 AM	Kristen	BLTH930	Tues/11:45 AM	Jennifer	YST1145
Fri/9:30AM	Marybeth	BLF930	Wed/10:15 AM	Kristen	YSW1015
Sat/9:30 AM	Kristen	BLS930	Wed/11:00 AM	Margi	YSW1100
			Wed/11:45 AM	Marybeth	YSW1145
LITTLE STARS			Wed/5:30 PM	Staff	YSW530
2 year olds	40 min/Week		Thur/9:30 AM	Marybeth	YSTH930
\$74 Resident	\$84 Non-Reside	nt	Thur/10:15 AM	Margi	YSTH1015
\$64 Res (ses. 4 only)			Thur/11:00 AM	Marybeth	YSTH1100
,	n class for 2 year olds.	• ,	Thur/11:45 AM	Margi	YSTH1145
	Little, but not an inde		Fri/9:30 AM	Fay	YSF930
_	h the goal of having the	*	Fri/10:15 AM	Fay	YSF1015
	sily moving into Yellov	1 1	Fri/11:00 AM	Marybeth	YSF1100
	•		Fri/11:45 AM	Kristen	YSF1145
Day/Time	<u>Instructor</u>	<u>Code</u>	Sat/9:30 AM	Mimi	YSS930
Mon/9:30 AM	Marybeth	LSM930	Sat/11:00 AM	Kristen	YSS1100
Mon/10:15 AM	Margi	LSM1015			
Tues/10:15 AM	Margi	LST1015			
Tues/11:00 AM	Jennifer	LST1100			

LSW930

YSW615

LSF1015

LSS1015

LSTH1015

Margi

Staff

Marybeth Jennifer

Kristen

Wed/9:30 AM Wed/6:15 PM

Thur/10:15 AM

Fri/10:15 AM

Sat/10:15 AM

Day/Time	Instructor	<u>Code</u>			
Mon/9:30 AM	Aubrey	RSM930	Day/Time	Instructor	<u>Code</u>
Mon/10:15AM	Marybeth	RSM1015	Mon/1:30 PM	Courtney	BSM130
Mon/11:00 AM	Margo	RSM1100	Mon/2:30 PM	Courtney	BSM230
Mon/11:45 AM	Margi	RSM1145	Mon/6:00 PM	Blair	BSM600
Tues/9:30 AM	Kristen	RST930	Tues/9:15 AM	Jennifer	BST915
Tues/10:15 AM	Jennifer	RST1015	Tues/2:30 PM	Courtney	BST230
Tues/11:00 AM	Kristen	RST1100	Wed/1:00 PM	Kristen	BSW100
Tues/11:45 AM	Margi	RST1145	Wed/2:30 PM	Blair	BSW230
Tues/12:30 PM	Kristen	RST1230	Wed/3:30 PM	Blair	BSW330
Tues/1:45 PM	Courtney	RST145	Wed/4:30 PM	Blair	BSW430
Wed/10:15 AM	Margi	RSW1015	Thur/9:15 AM	Jennifer	BSTH915
Wed/11:00 AM	Kristen	RSW1100	Thur/1:30 PM	Courtney	BSTH130
Wed/6:15 PM	Staff	RSW615	Thur/2:30 PM	Courtney	BSTH230
Thur/10:15 AM	Jennifer	RSTH1015	Fri/2:30 PM	Abby	BSF230
Thur/11:00 AM	Margi	RSTH1100	Sat/10:30AM	Blair	BSS1030
Thur/11:45 AM	Marybeth	RSTH1145			
Fri/10:15 AM	Marybeth	RSF1015	Boys Only Blue	Stars!	
Fri/11:00 AM	Fay	RSF1100	Tues/2:30 PM	Michael	BSTB230
Fri/11:45 AM	Marybeth	RSF1145	Thur/2:30 PM	Michael	BSTHB230
Fri/12:30 PM	Fay	RSF1230	Fri/9:15 AM	Jennifer	BSFB915
Sat/10:15 AM	Mimi	RSS1015	Sat/9:30 AM	Blair	BSSB930
Sat/11:45 AM	Kristen	RSS1145			

SHOOTING STARS – by invitation only

This class is for those three and four year olds that have been identified by their instructors as being ready to learn gymnastics techniques usually reserved for older students. This class is by invitation only.

3 year olds 40 min/week \$74 resident \$84 non-res.

\$64 Res (ses. 4 only) \$74 NonRes. (ses. 4 only)

DayTimeCodeThurs11:00 AMSS3TH1100

4 year olds 55 min/2x/wk \$145 resident \$158 non-res.

\$125 Res. (ses. 4 only) \$138 non-res.(ses. 4 only)

DayTimeCodeTues/Thurs2:30 PMSS4T230

BOYS' LEVEL C & D

55 min/week 6+ year olds \$91 resident \$101 non-resident \$78 Res (ses. 4 only) \$88 NonRes. (ses. 4 only)

This class is for intermediate boys who have successfully completed Boys' level A and B skills. The continued development of coordination, aerial awareness, strength and gymnastics skill progression are all covered in this class. Each class is 55 min/1 day per week, but we recommend attending two days per week.

Day/Time	<u>Time</u>	<u>Code</u>
Tues	4:30PM	BCT430
Thur	4:30PM	BCTH430

YOUTH TEEN BOYS' GYMNASTICS

Day/Time

Tues

Tues

Thur

Fri

Sat

10+ year olds 55 min/week. \$91/resident \$101/non-resident \$78 Res (ses. 4 only) \$88 NonRes. (ses. 4 only)

Time

3:30PM

5:30PM

3:30PM

5:00PM

11:30AM

For older children who are beginner or intermediate level. Emphasis is on coordination, strength development, and flexibility while learning the basic gymnastics skill progressions.

Day/Time **Code** <u>Time</u> Thursday 7:00PM YTBTH700

BOYS' LEVEL E & F

85 min/2x/week 6+ year olds \$182 resident \$195 non-resident

\$169 Nonres. (ses. 4 only) \$156 Res. (ses. 4 only)

Advanced skills and progressions on all Olympic events, as well as explanations of technique and biomechanics are instructed in this level.

Day/Time Code <u>Time</u> Tues/Thurs 5:30PM BET530

11:45AM

AFF1145

Day/Time	<u>Time</u>	<u>Code</u>	<u>Day</u>	<u>Time</u>	<u>Code</u>
Wed	7:00PM	AGW700	Mon	10:20 AM	AFM1020
			Wed	11:05 AM	AFW1105
OPEN GYM			Thurs	9:35 AM	AFTH935
	2 h	~~~ : ~~~	Thurs	10:20 AM	AFTH1020
6+ year olds	∠ nr.	sessions	F .	44 47 43 5	A EDE 4.4.4.5

Fri

Code

BAT330

BAT530

BATH330 BAF500

BAS1130

\$5/resident \$7 non-res. This is an opportunity for currently enrolled students to practice the skills learned in gymnastics class. Each open gym

session will have an instructor who will supervise the work out. Students should sign up at the front desk before the open gym session, drop in students will be accepted if there is space.

Day/Time Time Code 1:00-3:00PM **OGS** Saturday

<u>Day</u>	<u>Time</u>	<u>Code</u>
Mon	3:30 PM	GAM330
Mon	6:00 PM	GAM600
Tues	4:30 PM	GAT430
Wed	2:30 PM	GAW230
Sat	9:30 AM	GAS930
9 + year olds only		
Wed	6:30 PM	GAW630

<u>Day</u>	<u>Time</u>	<u>Code</u>
Tues/Thurs	5:00 PM	GDT500
Mon/Wed	3:30pm	GDM330

<u>Day</u>	<u>Time</u>	<u>Code</u>
Mon	5:00 PM	GBM500
Wed	2:30 PM	GBW230
Wed	3:30 PM	GBW330
Wed	4:30 PM	GBW430
Wed	5:30 PM	GBW530
Thurs	4:30 PM	GBTH430
Fri	3:30 PM	GBF330
Sat	10:30 AM	GBS1030
9 + year olds only		
Mon	7:00 PM	GBM700

GIRLS' LEVEL C

This class is for intermediate girls who have successfully completed the Girls' Level B skills

Each class is 85 min./1 day per week, but we recommended attending two days per week .

Day	<u>Time</u>	<u>Code</u>
Mon	3:30 PM	GCM330
Mon	4:30 PM	GCM430
Wed	5:30 PM	GCW530
Fri	4:30 PM	GCF430
Sat	11:00 AM	GCS1100

<u>Day</u>	<u>Time</u>	<u>Code</u>
Mon/Wed	5:00 PM	GEM500

YOUTH TEEN GIRLS' GYMNASTICS

10+ year olds 55 min/week. \$91 resident \$101 non-resident \$78 Res (ses. 4 only) \$88 NonRes. (ses. 4 only)

For older children who are Level C or above. Emphasis is on coordination, strength development, and flexibility while learning intermediate gymnastics skill progressions.

<u>Day</u>	<u>Time</u>	<u>Code</u>
Monday	7:00 PM	YTGM700
Wednesday	7:00 PM	YTGW700

BEGINNING TUMBLING CLASS

6+ year olds 55 min/week \$91/resident \$101/non-resident \$78 Res (ses. 4 only) \$88 NonRes. (ses. 4 only)

For beginning-intermediate students who are interested in improving their tumbling skills, strength, flexibility and fitness. Will work on rolling, cartwheels, roundoffs, bridge, and more.

<u>Day</u>	<u>Time</u>	<u>Code</u>
Sat	11:30AM	BTS1130

Day Time Code
Tu/Th 6:30PM ATT630